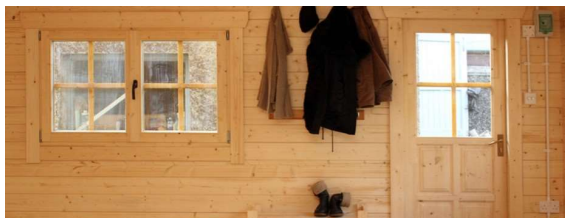




**TRISKEL**  
CENTRE FOR  
COMPLEMENTARY  
THERAPIES

### Current Practitioners



*A place where practitioners of alternative  
Medicine, Yoga and Meditation Can  
Practice*

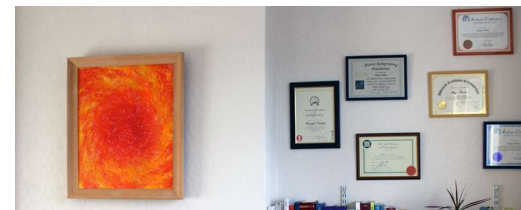
The Triskel Centre was founded in October 2003. It is a bright and vibrant place where practitioners of alternative and complementary medicine, counselling, yoga, meditation, etc. can meet, welcome their clients and run their workshops and classes.

Centrally located just one-minute walk from Salthill Village, Triskel Centre is the perfect location & setting to hold therapy sessions, fitness classes, practice holistic health or carry out workshops or talks.

We are a team of professional practitioners experienced across a wide range of fields and are always open to welcoming new qualified practitioners.

- Sara Howlin:** Homeopathy 087 926 2669  
**Connie Masterson:** Counselling 087 6697808  
**Miriam Wright:** Kinesiology, EFT, Reiki, Counselling,  
Matrix Reimprinting 089 468 2368  
**Bernadette Glynn:** Massage, Sports Injury, Physical  
Therapy, Reflexology 086 8517488  
**Karen Walsh:** Counselling/Psychotherapy  
087 9157370  
**Maureen McCabe:** Hypnotherapy, Psychotherapy,  
Counselling, CBT, EFT, NLP 087 7730401  
**Aideen McInerney:** Cognitive Behavioural Therapy  
086 3558285  
**Norah Coyne:** Intuitive Healing, EFT, Sound Healing,  
Tarot, Massage, Kids Yoga 087 0563411

### Current Practitioners



- Valerie Corcoran:** Psychotherapy 087 2483850  
**Maureen Lynch:** Counselling and Wellness  
086 3679741  
**Eilish O'Connor:** Counselling 086 8720390  
**Shane Kearney:** Alexander Technique  
087 2785396  
**Paul Gill:** Hypnotherapy 086 1054813  
**Alma Diskin:** Psychotherapy, Supervision  
087 9147240  
**Alazne Larrinaga:** Alexander Technique  
086 3545692  
**Daniel O'Sullivan:** Psychotherapy 086 8464940  
**Doireann Carney:** Alexander Technique, Access  
Consciousness Bars 086 2358778

Find us on Facebook and Twitter



We have six practice rooms, all comfortably furnished and enjoying natural light, as well as a large workshop room Seomra Danu, the perfect place for classes, talks and workshops.

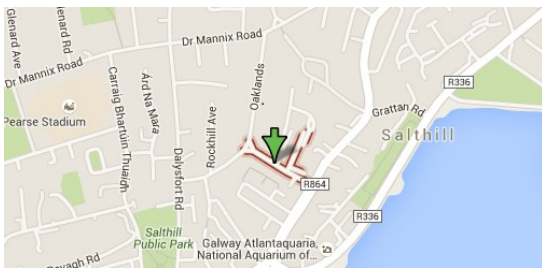
#### Benefits

- A Private, Calm and Bright Space
- Ample Car Parking
- One Minutes' walk from the Salthill-Galway City Centre Bus Route which runs every 20 minutes
- Kitchen Facilities inclusive of a Tea/Coffee service for Group Sessions
- A generous array of dining options nearby

For Room Rental or to arrange a tour of the facilities Contact:

Bernadette Glynn 0868517488

[bernadetteglynn@gmail.com](mailto:bernadetteglynn@gmail.com)



### Seomra Danu



***Seomra Danu is a safe, private space for workshops and group work. The room is dedicated to Danu (Anu), Celtic Goddess of change, new ideas and new beginnings. Enjoy the gentle, healing energy of this dedicated space.***

***Seomra Danu can accommodate groups of up to 12 people for Yoga, Pilates, Mindfulness etc. The space can also accommodate for up to 25 people for classes, talks and seated workshops.***



*A place where practitioners of Alternative Medicine, Yoga and Wellness Can Practice*

22 Lenaboy Gardens  
Salthill  
Galway  
086 8517488  
[www.Triskelcentre.com](http://www.Triskelcentre.com)